

Gluten free

Living gluten free

Nature

Vivre sans gluten

sans gluten

Attention : Food Intolerance

The customer that you will serve has celiac disease. A strict gluten free diet is necessary for his health.*

Here is what you should know :

**Gluten free nature" cannot guarantee a strict gluten free meal, even after presentation of this card. Please remain alert and refuse any suspicious food.
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Avoid: Any food containing gluten or that have been in contact with it.

- Gluten is found in wheat, rye, barley and oat and all their derivatives such as (kamut, spelt, triticale, flours, malt, thickeners, bread, bread crumbs, pasta products, sauces and spices and others)
- Make sure to clean any work surface, knives, utensils, pots and pans that you will use to prepare the meal using with a clean cloth. Wash your hands! After touching food containing gluten or any food that has been contaminated, rewash your hands.
- Make sure the butter, oil and any ingredient has not been in contact with gluten otherwise open a new package or substitute them. Use peppercorns.
- Serve non-processed foods and no ready-to-serve food unless it is gluten free.

If you are not certain, refrain from using, or ask your client!

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